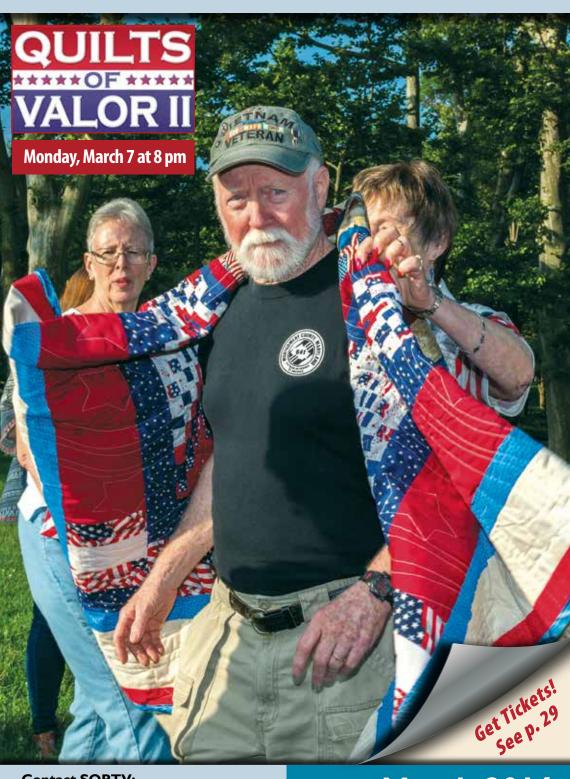
inside SOPTV®

www.soptv.org

Southern Oregon Public Television Connecting Our Community



Contact SOPTV: P.O. Box 4688 - Medford, OR 97501 (541) 779-0808 info@soptv.org March 2016

MEMBER GUIDE



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Find program listings for all 3 channels!



Digital Channel Guide by Area and Service Provider

Area	l l	Antenna	a		Charter	•	9	Satellite	5
Medford/Central Pt.	8.1	8.2	8.3	8	192	191	8	N/A	N/A
Ashland	8.1	8.2	8.3	8/8*	192	191	8	N/A	N/A
Grants Pass	8.1	8.2	8.3	8	192	191	8	N/A	N/A
Klamath Falls	22.1	22.2	22.3	8	192	191	8	N/A	N/A
Roseburg	8.1	8.2	8.3	7	189	188	8	N/A	N/A
Talent/Phoenix	8.1	8.2	8.3	8	192	191	8	N/A	N/A
Jacksonville	8.1	8.2	8.3	8	192	191	8	N/A	N/A
Brookings	N/A	N/A	N/A	8	192	191	8	N/A	N/A

For additional areas, please see www.soptv.org

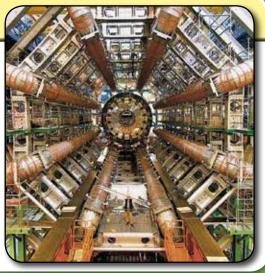
^{*}Ashland Home Net offers all SOPTV services to viewers equipped for digital cable. Questions? Please call 541-779-0808.

SPRRCHG

On SOPTO PBS

Particle Fever

Follow six brilliant scientists during the launch of the Large Hadron Collider, marking the start-up of the biggest and most expensive experiment in the history of the planet. As they seek to unravel the mysteries of the universe, 10,000 scientists from over 100 countries joined forces in pursuit of a single goal: to recreate conditions that existed just moments after the Big Bang and find the Higgs boson, potentially explaining the origin of all matter.



Wednesday, March 9 at 8 pm

On SOPTV WORLD

Films Bykids

This series shot by teenagers from around the world chronicles the budding filmmakers' real-life trials and the ways they address their problems, all through the lens of a camera. Each show offers a close and personal look at the lives of five international teens between the ages of 16 and 17, who are each grappling with a very real issue — from religious bullying in New York City, to displacement as a result of war.

Tuesdays, 11 pm: Wed., 1:30 pm
*Visit soptv.org/schedules for more days/times



on SOPTV Ocreate

Jacques Pépin: Heart & Soul

Highlighting Pépin's 60 years in the kitchen, this last series with Jacques includes stories of his apprenticeship as a 13-year-old cooking in some of Paris' most revered establishments, such as Meurice and Plaza Athenée, and cooking for French President Charles DeGaulle. It will also touch upon a key period in Pépin's life when he crossed the Atlantic and entered the kitchens of New York at Le Pavillon and his 10 years as director of research at Howard Johnson's.

Sunday – Friday at 3:30 & 6:30 pm





Members' Message

FUNDRAISING & LOCAL IMPACT

It's March and spring is not far away! It's also time for our largest on-air fundraising drive of the year. Over the coming weeks you

will see a number of programs that remind you how special PBS is, in addition to our ongoing core schedule of outstanding programs. See *Quilts of Valor II* on March 7, *The Forever Wisdom of Dr. Wayne Dyer* (who passed on last August) on March 11, and let's not forget the final episode of the final season of *Downton Abbey* on March 6.

Many of you initially joined SOPTV during a prior March pledge drive and may even remember it was called "Festival" back in the day. Roughly 40% of our membership is up for renewal this month! If it is not time to renew, perhaps you'd consider making an additional gift since the program dues we pay to PBS this year increased by \$25,260!

We work with some of the most amazing producers in television that appreciate the noncommercial environment we have on public television. And, it is thanks to you that we are able to create this special place, showcasing what I call "the best television on television." Thank you!

LOCAL FOCUS - LOCAL IMPACT

Over the last year we have been working on a number of local programs celebrating our veterans who have given so much to our country and to all of us. A second season of *My Story of Service* is in production now, which will premiere later this year, and last month we presented our second *Local Focus: Project 22*, which looked at the high occurrence of suicide among returning veterans. With help from our colleagues at JPR, we produced a local report looking at available services in our community and talked with veterans Dan Egbert and Doc King about their new film *Project 22*. The two men rode crosscountry 6,500 miles on their motorcycles to reach out to fellow veterans. If you missed the



program, you can see it on SOPTV's website at www.soptv.org/project-22.

The day after the broadcast, we held a special screening of *Project 22* at the VA Southern Oregon Rehabilitation Center and Clinics (SORCC) in White City, featuring guest speakers Daniel Egbert and Doc King, the producers of the documentary *Project 22*. They were escorted to the screening by the

local chapter of the Old Guard Riders. More than 220 veterans and family members came to see the 100-minute documentary, many standing for the whole program. Following the program, the producers took questions and comments for over 90 minutes. It was an amazing afternoon hearing stories from our veterans who served in Vietnam, Kuwait, Iraq, and Afghanistan.

Thanks to SORCC for their help and our sponsors D&S Harley Davidson and the Cow Creek Tribe.

With gratitude,

President & CEO

Mah Stalah Mark Stanislawski



— SOPTV's Mission —

As an independent media voice, Southern Oregon Public Television enriches our understanding of the past, enlivens our present and prepares us for the future by connecting our community with quality local and national programming that educates, enlightens, inspires and entertains.

BOARD OF DIRECTORS

Chair: Dick Robertson Treasurer: Fred Willms Secretary: David Groff

President & CEO: Mark Stanislawski

Jackson County: Joe Foley, Dick Robertson, Dr.

Susan Walsh, Fred Willms

Klamath County: Taylor David, David Groff

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Darlene V. Taylor

Klamath County: Byard Pidgeon

SOPTV CONTACT INFORMATION

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Content & Services

Brad Fay, Director of Content & Services Jeff LeBeau, Production Manager & Producer Jan Abramsson, Producer & Director

Financial/Administration

Joyce Laidlaw, Administration Manager



The eye care specialty team

Whether you need routine eye care or more advanced surgical services, Medical Eye Center provides a level of care and experience you won't find anywhere else. All of our surgeons are fellowship trained and specialize in Cataracts, Glaucoma, LASIK, Corneal Transplants, Retinal Care, and Facial Cosmetic Surgery. New patients are always welcome!

MAKE YOUR APPOINTMENT TODAY

James Davidian, MD | Ben Taylor, OD | Rory Murphy, OD | Matt Oliva, MD | Paul Jorizzo, MD | Don Johnson, OD Matthew Hauck, MD | Helen Koenigsman, MD | Craig Lemley, MD | Stacey Hoins, OD | Paul Imperia, MD | Abby Coats, PA-C



For over 100 years, improving vision in our community, our region and our world.

Weekly Mornings On





For complete and up-to-date program listings visit www.soptv.org

	Channel	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	SOPTV PBS 8	Peg + Cat			BBC World News			Nature Cat
00:9	World 8.2	America Reframed	Nature		Programming Va	Programming Varies — For complete listings, visit soptv.org	gs, visit soptv.org	
	Create 8.3	Wild Photo Adventures	Pedal America	Smart Travels	Wild Photo Adventures Smart Travels	Smart Travels	Pedal America	Weekend Marathon
	SOPTV PBS 8	Thomas Edison's Lab			Priscilla's Yoga Stretches			Curious George
6:30	World 8.2	Amer. Reframed (cont.)	Nature (cont.)		Programming Va	Programming Varies — For complete listings, visit soptv.org	gs, visit soptv.org	
	Create 8.3	Art Wolfe's Travels	Travelscope	Painting the Town	Art Wolfe's Travels	Painting the Town	Travelscope	Weekend Marathon
	SOPTV PBS 8	Mister Rogers			Nature Cat			Programming Varies
7:00	World 8.2	Amer. Reframed (cont.)			Democracy Now!			Programming Varies
	Create 8.3	Ask This Old House	This Old House	Hometime	Ask This Old House	Hometime	This Old House	Weekend Marathon
	SOPTV PBS 8	Arthur			Curious George			Sesame Street
7:30	World 8.2	Programming Varies			Democracy Now! (cont.)			Programming Varies
	Create 8.3	American Woodshop	Rough Cut Woodworking Woodsmith Shop	Woodsmith Shop	American Woodshop	Woodsmith Shop	Rough Cut Woodworking	Weekend Marathon
	SOPTV PBS 8	Thomas & Friends		O	Daniel Tiger's Neighborhood	po		Programming Varies
8:00	World 8.2	Between the Lines	Programming Varies	Eyes on the Prize	Programm	Programming Varies	Local USA	WealthTrack
	Create 8.3	Growing Greener	Smith's Garden Home	Victory Garden's Feast	Garden Smart	Victory Garden's Feast	Smith's Garden Home	Weekend Marathon
	SOPTV PBS 8	Bob the Builder		O	Daniel Tiger's Neighborhood	þ		Special Presentation
8:30	World 8.2	Well Read	Programming Varies	Eyes on the Prize (cont.)	Programn	Programming Varies	On Story	Religion & Ethics
	Create 8.3	Programm	Programming Varies	Urban Conversion	Programming Varies	Urban Conversion	Programming Varies	Weekend Marathon
	SOPTV PBS 8	SOPTV PBS 8 Special Presentation			Sesame Street			Special Presentation
9:00	World 8.2	America's Heartland			Tavis Smiley			Independent Lens
	Create 8.3	Weekend Marathon	Fons & Porter's Quilting	Knit and Crochet Now!	Fit 2 Stitch	Knit and Crochet Now!	Fons & Porter's Quilting J. Pepin: Heart & Soul	J. Pepin: Heart & Soul

	SOPTV PBS 8	SOPTV PBS 8 Special Presentation			Peg + Cat			Special Presentation
9:30	World 8.2	World 8.2 Programming Varies			Tavis Smiley			Independ. Lens (cont.)
	Create 8.3	Create 8.3 Weekend Marathon	Paint This	Best of Joy of Painting	Scheewe Art Workshop	of Joy of Painting Scheewe Art Workshop Best of Joy of Painting Paint This	Paint This	Simply Ming
	SOPTV PBS 8	SOPTV PBS 8 Special Presentation			Dinosaur Train			Special Presentation
10:00	World 8.2	10:00 World 8.2 Programming Varies	Washington Week	Global 3000	To the Contrary	Scully/The World Show Well Read	Well Read	Programming Varies
	Create 8.3	Weekend Marathon	Sara's Weeknight Meals	George Hirsch Lifestyle	Bake Decorate Celebrate!	Sara's Weeknight Meals George Hirsch Lifestyle Bake Decorate Celebratel George Hirsch Lifestyle Sara's Weeknight Meals J. Pepin: Fast Food	Sara's Weeknight Meals	J. Pepin: Fast Food
	SOPTV PBS 8	SOPTV PBS Special Presentation			Dinosaur Train			Special Presentation
10:30	10:30 World 8.2	Start Up	Religion & Ethics	Focus on Europe	American Forum	Second Opinion	Closer to Truth	Programming Varies
	Create 8.3	Create 8.3 Weekend Marathon	Seafood Cook-off	Smith's Garden to Table Hubert Keller	Hubert Keller	Smith's Garden to Table Seafood Cook-off	Seafood Cook-off	Lidia's Kitchen
	SOPTV PBS 8	SOPTV PBS S Special Presentation			Thomas & Friends			Special Presentation
11:00	World 8.2	11:00 World 8.2 To the Contrary	Eyes on the Prize	Finding Your Roots	America Reframed	Programming Varies	NOVA	Programming Varies
	Create 8.3	Weekend Marathon	Chef Besh's Family Table Dining with the Chef	Dining with the Chef	Healthful Indian Flavors Dining with the Chef	Dining with the Chef	Chef Besh's Family Table Cook's Country	Cook's Country
	SOPTV PBS 8	SOPTV PBS Special Presentation			Sit and Be Fit			Special Presentation
11:30	11:30 World 8.2	Washington Week	Eyes on the Prize (cont.) Finding Your Roots	Finding Your Roots	Amer. Reframed (cont.) Programming Varies	Programming Varies	NOVA (cont.)	Programming Varies
	Create 8.3	Create 8.3 Weekend Marathon	New Scandinavian	Christina Cooks	Ciao Italia	Christina Cooks	New Scandinavian	Programming Varies



On the Psychiatrist's Couch w/ Daniel Amen

Use specific steps to boost your Learn how to quiet your mind, rather than be a victim of your anxious, depressing thoughts, improving your relationships. mood, focus, and memory. and learn the one secret to

Sunday, March 13, 9 am



engaging conversations Featuring lively, about ideas in

literature, host Terry

non-fiction — and interviews noted authors about the Tazioli introduces the latest books — both fiction and themes in their latest works.

Sundays at 8:30 am; Fridays at 10 am



WEEKEND MARATHONS

Mar. 5 & 6 Which Sandwich?

Mar. 12 & 13 Irish Cookery

Mar. 19 & 20 Spring Fling

Mar. 26 & 27 Free Range Cooking





Weekly Afternoons On SOPING WARLD For complete and up-to-date program listings visit www.soptv.org

	Channel	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	SOPTV PBS 8	Special Presentation	Jerry Yarnell Fine Art	Painting and Travel	Best of Joy of Painting	Painting – Wilson Bickford Paint This	Paint This	Special Presentation
12:00	12:00 World 8.2	McLaughlin Group	Nature	Programming Varies	Amer. Reframed (cont.)	2.Ibo.J 1	Programming Varies — Visit soptv.org	rtv.org
	Create 8.3	Weekend Marathon	Pedal America	Smart Travels	Wild Photo Adventures	Smart Travels	Pedal America	J. Pepin: Heart & Soul
	SOPTV PBS 8	SOPTVPBS 8 Special Presentation	Simply Ming	Jazzy Vegetarian	Sara's Weeknight Meals	J. Pepin: Heart & Soul	J. Weir Gets Fresh	Special Presentation
12:30	12:30 World 8.2	Open Mind	Nature (cont.)	Programming Varies	Amer. Reframed (cont.)	Progra	Programming Varies — Visit soptv.org	tv.org
	Create 8.3	Weekend Marathon	Travelscope	Painting the Town	Art Wolfe's Travels	Painting the Town	Travelscope	This Old House
	SOPTV PBS 8	Special Presentation			Charlie Rose			Special Presentation
1:00	World 8.2	Focus on Europe	Programming Varies	Local USA	Films Bykids	2.Ibo.J	Programming Varies — Visit soptv.org	tv.org
	Create 8.3	Weekend Marathon			Rick Steves' Europe			Globe Trekker
	SOPTV PBS 8	SOPTVPBS 8 Special Presentation			Charlie Rose (cont.)			Special Presentation
1:30	World 8.2	Global 3000	Programming Varies	On Story	Films Bykids	2.Ibo.J 1	Programming Varies — Visit soptv.org	tv.org
	Create 8.3	Weekend Marathon	Rough Cut Woodworking Woodsmith Shop	Woodsmith Shop	American Woodshop	Woodsmith Shop	Rough Cut Woodworking Globe Trekker (cont.)	Globe Trekker (cont.)
	SOPTV PBS 8	SOPTV PBS 8 Special Presentation			Nature Cat			Special Presentation
2:00	World 8.2	America Reframed			Newsline			To the Contrary
	Create 8.3	Weekend Marathon	Smith's Garden Home	Victory Garden's Feast	Garden Smart	Victory Garden's Feast	Smith's Garden Home	Lidia's Kitchen
	SOPTV PBS 8	SOPTVPBS 8 Special Presentation			Bob the Builder			Special Presentation
2:30	World 8.2	Amer. Reframed (cont.)			DW News			Washington Week
	Create 8.3	Weekend Marathon	Programming Varies	Urban Conversion	Programming Varies	Urban Conversion	Programming Varies	Cook's Country
	SOPTV PBS 8	SOPTVPBS 8 Special Presentation		Cat in t	Cat in the Hat Knows a Lot About That!	rt That!		Special Presentation
3:00	World 8.2	Amer. Reframed (cont.)	Local USA	Global Voices	Progr	Programming Varies — Visit soptv.org	otv.org	McLaughlin Group
	Create 8.3	Ask This Old House	This Old House	Hometime	Ask This Old House	Hometime	This Old House	Weekend Marathon

Programming Varies On Story Global Voices (cont.) Special Presentation Eyes on the Prize Programming Varies Films Bykids BBQ with Franklin Simply Ming J. Weir Gets Fresh Special Presentation Eyes on the Prize (cont.) Programming Varies Films Bykids Essential Pepin J. Pepin: Fast Food Baking with Julia Special Presentation Eyes on the Prize (cont.) Programming Varies America Reframed Martha Bakes BBS NewsHour Weekend Fyes on the Prize (cont.) Programming Varies America's Test Kitchen Cook's Country America's Test Kitchen Nature Coot.) On Story Amer. Reframed (cont.) Special Presentation Anoveable Feast Chef's Life Anoveable Feast C		SOPTV PBS 8	Special Presentation			Ready Jet Go!			Special Presentation
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SOPTV PBS 8Special PresentationThis Old HouseAsk This Old HouseWorld 8.2NatureLocal USAAmer. Reframed (cont.)Create 8.3Chef's LifeMoveable FeastChef's LifeSOPTV PBS 8Special PresentationOn StoryAmer. Reframed (cont.)Create 8.3Amer. Reframed (cont.)Jacques Pepin:SOPTV PBS 8Special PresentationJacques Pepin:World 8.2Global Voices		Create 8.3	America's Test Kitchen	Cook's Country	America's Test Kitchen	Cook's Country	America's Test Kitchen Cook's Country	Cook's Country	Weekend Marathon
World 8.2NatureLocal USAAmer. Reframed (cont.)Create 8.3Chef's LifeMoveable FeastChef's LifeSOPTV PBS 8Special PresentationOn StoryAmer. Reframed (cont.)World 8.2Special PresentationJacques Pepin:World 8.2Global Voices		SOPTV PBS 8		This Old House	Ask This Old House	California's Green	Growing Greener	Immense Possibilities	Special Presentation
Create 8.3Chef's LifeMoveable FeastChef's LifeSOPTV PBS 8Special PresentationOn StoryAmer. Reframed (cont.)World 8.2Nature (cont.)On StoryJacques Pepin:SOPTV PBS 8Special PresentationJacques Pepin:World 8.2Global Voices	00:9	World 8.2	Nature	Local USA		Frontline	Programn	Programming Varies	Amer. Masters (cont.)
SoPTV PBS 8Special PresentationOn StoryAmer. Reframed (cont.)World 8.2Nature (cont.)On StoryJacques Pepin:Create 8.3Special PresentationJacques Pepin:World 8.2Global Voices		Create 8.3	Chef's Life	Moveable Feast	Chef's Life	Moveable Feast	Chef's Life	Programming Varies	Weekend Marathon
World 8.2 Nature (cont.) On Story Create 8.3 SOPTV PBS 8 Special Presentation World 8.2 Global Voices		SOPTV PBS 8	Special Presentation			Nightly Business Report			Special Presentation
Create 8.3 SOPTV PBS 8 Special Presentation World 8.2 Global Voices	6:30	World 8.2	Nature (cont.)	On Story	Amer. Reframed (cont.)	Frontline (cont.)	Progr	Programming Varies — Visit soptv.org	otv.org
SOPTV PBS 8 World 8.2		Create 8.3			Jacques Pepin	: Heart & Soul			Weekend Marathon
World 8.2		SOPTV PBS 8	Special Presentation			PBS NewsHour			Special Presentation
	7:00	World 8.2	Global Voices			Tavis Smiley			America Reframed
Create 8.3 Ask This Old House This Old House Hometime As		Create 8.3	Ask This Old House	This Old House	Hometime	Ask This Old House	Hometime	This Old House	Weekend Marathon

For full listings of special presentations see pages 18-27 – or go to soptv.org

Primetime 3-Channel Schedule





Space Men: American Experience

Before NASA, these daring preastronauts had the right stuff. Meet the pioneering Air Force scientists and pilots whose Project Manhigh, which collected data about the biological and technical factors required to support human activity in space, laid the groundwork for the U.S. space program.

Tuesday, March 1 at 9 pm

SOPTV W)RLD



Trees in Trouble

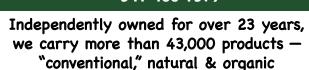
America's urban and community forests face serious threats from invasive insects from Asia and elsewhere. Through stories of everyday people on the frontlines of the invasion, the documentary shows how a community-wide effort is saving and protecting trees for future generations.

Friday, March 4 at 11 pm

	Channel	7:30 pm	8:00 pm	8:30 pm	9:00 pm
TUESDAY	SOPTV PBS 8	▼ PBS NewsHour	Finding \	our Roots	Space Men
	World 8.2	Tavis Smiley	BBC World News	DW News	Charlie
	Create 8.3	Travelscope	Journeys in Africa	Martha Bakes	America's Test Kitchen
WEDNESDAY	SOPTV PBS 8	✓ PBS NewsHour	Year ii	n Space	NOVA: First
2	World 8.2	Tavis Smiley	BBC World News	DW News	Charlie
	Create 8.3	Rick Steves' Europe	Rhythm Abroad	Lidia's Kitchen	Cook's Country
THURSDAY	SOPTV PBS 8	▼ PBS NewsHour	Oregon Art Beat	Oregon Field Guide	Vera
3	World 8.2	Tavis Smiley	BBC World News	DW News	Charlie
	Create 8.3	Travelscope	Journeys in Africa	Martha Bakes	America's Test Kitchen
FRIDAY	SOPTV PBS 8	▼ PBS NewsHour	Washington Week	Immense Possibilities	Ed Slott's
4	World 8.2	Tavis Smiley	BBC World News	DW News	Charlie
	Create 8.3	Globe 1	Frekker	Lidia's Kitchen	Cook's Country
SATURDAY	SOPTV PBS 8 Inside Mercy Street This Land Is Your La		This Land Is Your Land	d	
5	World 8.2	← America Reframe	d	Reel South	Loretta Lynn
	Create 8.3	Christina Cooks	Ciao Italia	Martha Stewart	America's Test Kitchen
SUNDAY	SOPTV PBS 8	← Andrea Bocelli	BAFTA Celebrates Downton Abbo		Downton Abbey
6	World 8.2	⋖ Global Voices	Wings for	Maggie Ray	Eyes on the Prize
	Create 8.3	Rick Steves' Europe	Rhythm Abroad	Martha Bakes	America's Test Kitchen
MONDAY	SOPTV PBS 8	▼ PBS NewsHour		Quilts of Valor II	
/	World 8.2	Tavis Smiley	BBC World News	DW News	Charlie
	Create 8.3	Jacques Po	epin's 80th Birthday (Celebration	Easy Yoga for

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Joy Bauer offers compelling information on how specific foods can help manage, treat, and in some instances even reverse common health conditions. Learn food remedies to lower cholesterol and reduce blood pressure, fight off wrinkles and promote a radiant complexion, relieve arthritis pain, boost energy, and enhance brain power.



24-hr.

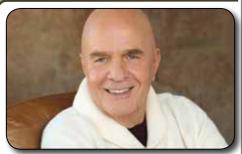
ATM

Monday, March 7 at 10 pm

9:30 pm	10:00 pm	10:30 pm	11:00 pm	11:30 pm
American Experience	Fron	tline	Afro	Pop
Rose	Democra	acy Now!	Films Bykids	Films Bykids
Joanne Weir	George H. Lifestyle	In the Americas	Martha Bakes	America's Test Kitchen
Man on the Moon	Apollo	Wives	John	Glenn
Rose	Democra	acy Now!	Independ	dent Lens
BBQ with Franklin	Eat! Drink! Italy!	Dream of Italy	Lidia's Kitchen	Cook's Country
Old Wounds		ACL Presents: Amer	icana Music Festival	Arts in Context
Rose	Democra	acy Now!	First P	eoples
Joanne Weir	George H. Lifestyle	In the Americas	Martha Bakes	America's Test Kitchen
Retirement Road M	lap	Eric	Clapton: Slowhand a	t 70
Rose	Democra	acy Now!	Trees in Trouble	Eyes on the Prize
Simply Ming	Sara's W'knight Meals	Equitrekking	Lidia's Kitchen	Cook's Country
Doc Ma	Doc Martin: Seven Grumpy Seasons		Aging Backwards	
Loretta Lynn: American Masters (continued)		America	rica Reframed	
Simply Ming	George H. Lifestyle	In the Americas	Lidia's Kitchen	America's Test Kitchen
The Final Season or	n Masterpiece, Episode 9		Tribute to Downton Abbey	
	Year in	Space	Global	Voices
BBQ with Franklin	Eat! Drink! Italy!	Music Voyager	Martha Bakes	America's Test Kitchen
	50 Years with Pete	er, Paul and Mary		Fast Metabolism
Rose	Democra	acy Now!	Local USA	On Story
Arthritis		Joy Bauer's Fo	ood Remedies	

Primetime 3-Channel Schedule





Forever Wisdom of Dr. Wayne Dyer

At the time of his unexpected death on August 31, 2015, a program featuring Dr. Wayne Dyer's "greatest hits" was in the works. Celebrate the iconic thinker's wisdom teachings and unique ability to translate abstract ideas into down-to-earth lessons. This inspirational tribute includes memorable stories, both funny and soulful.

Friday, March 11 at 9 pm

SOPTV W)RLD



POV: Guilty Pleasures

Every four seconds a romance novel published by Harlequin or its British counterpart is sold somewhere in the world. Julie Moggan takes a look at this global phenomenon. Ironies abound in the contrasts between the everyday lives of the books' readers and the fantasy worlds that offer them escape.

Sunday, March 13 at 8 pm

	Channel	7:30 pm	8:00 pm	8:30 pm	9:00 pm	
TUESDAY	SOPTV PBS 8	▼ PBS NewsHour	Findi	ng Your Roots: Maps o	f Stars	
8	World 8.2	Tavis Smiley	BBC World News	DW News	Charlie	
	Create 8.3	Aging Backwards, Mir	anda Esmonde-White	MotorWeek	Sweet Revenge	
WEDNESDAY	SOPTV PBS 8	▼ PBS NewsHour		Particle Fever		
9	World 8.2	Tavis Smiley	BBC World News	DW News	Charlie	
	Create 8.3	Bol	Ross: The Happy Pai	nter	Desert Dreams	
THURSDAY	SOPTV PBS 8	▼ PBS NewsHour	Mi	dsomer Murders: Bloo	od	
10	World 8.2	Tavis Smiley	BBC World News	DW News	Charlie	
	Create 8.3		Quilts of Valor II		Rick Steves' Italy	
FRIDAY	SOPTV PBS 8	▼ PBS NewsHour	Washington Week	Immense Possibilities	The Forever	
11	World 8.2	Tavis Smiley	BBC World News	DW News	Charlie	
	Create 8.3	Dash D	iet with Marla Heller	MS, RD	New Play Piano	
SATURDAY	SOPTV PBS 8	← Celtic Woman	Songboo	k Standards: As Time	Goes By	
12	World 8.2	← America Reframe	ed	Mary Lou Williams		
	Create 8.3	✓ Rick Steves' Hidden ✓ Rick Steves H	en Europe			
SUNDAY	SOPTV PBS 8	Oregon	Revealed 2: Coastal \	Vonders	Josh Groban	
13	World 8.2	⋖ Global Voices	POV: Guilt	y Pleasures	Eyes on	
	Create 8.3		Rick Steves' Iran		Sewing with	
MONDAY	SOPTV PBS 8	▼ PBS NewsHour		Favorite Love Songs		
14	World 8.2	Tavis Smiley	BBC World News	DW News	Charlie	
	Create 8.3	Globe	Trekker	Lidia's Kitchen	Cook's Country	



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Sweet Revenge:

Turning the Tables on Processed Food

Dr. Robert H. Lustig, MD discusses the science behind his book Fat Chance: Beating the Odds Against Sugar, Processed Food, Obesity and Disease, and demonstrates practical ways viewers can adopt a low-sugar diet.





9:30 pm	10:00 pm	10:30 pm	11:00 pm	11:30 pm
C	arpenters: Close to You	ı	21 Days to a Slim	nmer Younger You
Rose	Democra	acy Now!	Films Bykids	Films Bykids
Turning the Tables	on Processed Food	Sewing with Nancy	:: Sew Simple with Re	ctangles & Squares
Particle Fever (cont	inued)	Yanni	: Live at the Great Pyr	amids
Rose	Democra	acy Now!	POV: Guilt	y Pleasures
Celebrating 5 Seaso	ons Sonoran Desert	Americ	a's Home Cooking: On	e Skillet
Wedding, Pt. 1 & 2	Nitty Gritty D	Dirt Band: 50 Years and	d Circlin' Back	Joy Bauer
Rose	Democra	acy Now!	Secrets of	f the Dead
Cities of Dreams			Easy Yoga for Diabet	es with Peggy Cappy
The Forever Wisdon	n of Dr. Wayne Dyer (c	ontinued)		
Rose	Democra	acy Now!	Makers: Woi	men in Space
in a Flash: 3 Steps t	o Piano Success		Joy Bauer's from Jun	k Food to Joy Food
Songbook (cont.)	Songbook (cont.) On the Psychiatrist's Cou		ch with Daniel Amen, MD	
Lady Who Swings	Queen o	of Swing America Reframed		Reframed
End Dieting Forever	End Dieting Forever!		Easy Yoga for Easing Pain	
Stages Live		Eat Fat,	Get Thin with Dr. Mark Hyman	
the Prize	Nature: W	ild France	Global	Voices
Nancy: Change-Up	Patchwork	Easy Yoga: Secret to S	Strength & Balance	Rick Steves' Special
Art of the Love	e Song with the Annie	Moses Band	Healir	ng ADD
Rose	Democra	acy Now!	Local USA	On Story
Simply Ming	Sara's W'knight Meals	Equitrekking	Lidia's Kitchen	Cook's Country

Primetime 3-Channel Schedule





Hot Flash Havoc

Empower yourself with the truth about menopause in this enlightening and humorous documentary narrated by Goldie Hawn. Dispelling fear, confusion and hysteria, the film sheds light on misguided facts, and features poignant stories from real women and in-depth interviews with experts.

Wednesday, March 16 at 8 pm

SOPTV W)RLD



American Masters: Dorothea Lange Grab a Hunk of Lightning

Explore, through Lange's granddaughter's eyes, the life story of the influential "Migrant Mother" photographer. Neverbefore-seen photos and film footage, family memories, and new interviews reveal the artist who challenged America to know itself.

Saturday, March 19 at 9 pm

	Channel	7:30 pm	8:00 pm	8:30 pm	9:00 pm	
TUESDAY	SOPTV PBS 8	▼ PBS NewsHour		Big Band Years		
15	World 8.2	Tavis Smiley	BBC World News	DW News	Charlie	
	Create 8.3	Travelscope	Journeys in Africa	Martha Bakes	America's Test Kitchen	
WEDNESDAY	SOPTV PBS 8	▼ PBS NewsHour		Hot Flash Havoc		
16	World 8.2	Tavis Smiley	BBC World News	DW News	Charlie	
	Create 8.3	Rick Steves' Europe	Curious Traveler	Lidia's Kitchen	Cook's Country	
THURSDAY	SOPTV PBS 8	▼ PBS NewsHour		Celtic Woman: Destiny	···	
1/	World 8.2	Tavis Smiley	BBC World News	DW News	Charlie	
	Create 8.3	Travelscope	Journeys in Africa	Martha Bakes	America's Test Kitchen	
FRIDAY	SOPTV PBS 8	▼ PBS NewsHour	Washington Week	Immense Possibilities	10 Reasons	
18	World 8.2	Tavis Smiley	BBC World News	DW News	Charlie	
	Create 8.3	Globe T	rekker	Lidia's Kitchen	Cook's Country	
SATURDAY	SOPTV PBS 8		Membe	rs' Choice		
19	World 8.2	← America Reframed	d	Reel South	American Masters	
	Create 8.3	Garden SMART	K. Brown Workshop	P. Allen Smith	America's Test Kitchen	
SUNDAY	SOPTV PBS 8		Membe	ers' Choice		
20	World 8.2	⋖ Global Voices		Films Bykids	Eyes on	
	Create 8.3	Rick Steves' Europe	Curious Traveler	Martha Bakes	America's Test Kitchen	
MONDAY	SOPTV PBS 8	▼ PBS NewsHour	Antiques Roads	how, Boise, Hr. 1	Oregon Experience	
21	World 8.2	Tavis Smiley	BBC World News	DW News	Charlie	
	Create 8.3	Globe T	rekker	Lidia's Kitchen	Cook's Country	

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9·30 nm

Bake Decorate Celebrate!

For hosts Nancy Siler and Melanie Lasscock, every day is a celebration. The series combines elements of cooking, lifestyle, and how-to, creating an exciting new program guaranteed to appeal to a broad range of viewers.

10:00 nm

Sundays & Wednesdays at 10 pm



11:30 pm

11:00 pm

9:30 pm	iv:vv pm	10:30 pm	1 1:00 pm	11:30 pm
Big Band (cont.)		Ed Slott's Retire	ment Road Map	
Rose	Democra	acy Now!	Films Bykids	Films Bykids
Joanne Weir	George H. Lifestyle	In the Americas	Martha Bakes	America's Test Kitchen
Supo	er Genes with Dr. Rudy	Tanzi	Celtic Thund	er Mythology
Rose	Democra	acy Now!	Indepen	dent Lens
BBQ with Franklin	Bake Decorate Cel'brt!	Music Voyager	Lidia's Kitchen	Cook's Country
Destiny (cont.)	Red Ho	t Chilli Pipers: Live at t	he Lake	Coffee
Rose	Democra	acy Now!	Fair Legislation — B	Byron Rumford Story
Joanne Weir	George H. Lifestyle	In the Americas	Martha Bakes	America's Test Kitchen
You Feel Old and G	et Fat		On the Psych	iatrist's Couch
Rose	Democra	acy Now!	Makers: Wo	omen in War
Simply Ming	Sara's W'knight Meals	Equitrekking	Lidia's Kitchen	Cook's Country
Members' Choice				
American Masters: Dorothea Lange (continued)			America Reframed	
Simply Ming	Simply Ming George H. Lifestyle In the Americas		Lidia's Kitchen	America's Test Kitchen
		Members' Choice		
the Prize	Na	ture	Globa	l Voices
BBQ with Franklin	Bake Decorate Cel'brt!	Music Voyager	Martha Bakes	America's Test Kitchen
Oregon Experience	Antiques Roads	how, Boise, Hr. 2	The Ca	ged Bird
Rose	Democra	acy Now!	1916: The Ir	ish Rebellion
Simply Ming	Sara's W'knight Meals	Equitrekking	Lidia's Kitchen	Cook's Country
				· · · · · · · · · · · · · · · · · · ·

10·30 nm

Primetime 3-Channel Schedule



Return of the Wolves: The Next Chapter

It's been nearly 20 years since wolves were reintroduced into Yellowstone National Park and parts of Idaho, and placed on the endangered species list. Narrated by Peter Coyote, this film explores both sides of the heated issue and examines the role of the wolf in Yellowstone, the West, and the Southwest.



Wednesday, March 23 at 8 pm

	Channel	7:30 pm	8:00 pm	8:30 pm	9:00 pm	
TUESDAY	SOPTV PBS 8	▼ PBS NewsHour	Loret	sters		
22	World 8.2	Tavis Smiley	BBC World News	DW News	Charlie	
	Create 8.3	Travelscope	Journeys in Africa	Martha Bakes	America's Test Kitchen	
WEDNESDAY	SOPTV PBS 8	▼ PBS NewsHour	Return of the Wolve	NOVA: Secrets		
23	World 8.2	Tavis Smiley	BBC World News	DW News	Charlie	
	Create 8.3	Rick Steves' Europe	Curious Traveler	Lidia's Kitchen	Cook's Country	
THURSDAY	SOPTV PBS 8	▼ PBS NewsHour	Oregon Field Gu	Midsomer		
24	World 8.2	Tavis Smiley	BBC World News	DW News	Charlie	
	Create 8.3	Travelscope	Journeys in Africa	Martha Bakes	America's Test Kitchen	
FRIDAY	SOPTV PBS 8	▼ PBS NewsHour	Washington Week	Immense Possibilities	Scott	
25	World 8.2	Tavis Smiley	BBC World News	DW News	Charlie	
	Create 8.3	Globe	Trekker	Lidia's Kitchen	Cook's Country	
SATURDAY 26	SOPTV PBS 8	Rick Steves' Europe	Globe	Trekker	Doc Martin: Perish	
	World 8.2	✓ America Reframe	d		American Masters	
	Create 8.3	Free Range Cook	Free Range Cook	Free Range Cook	America's Test Kitchen	
SUNDAY	SOPTV PBS 8	≺ WPC 56	Rick Steves Special: European Easter		Grantchester	
2/	World 8.2	⋖ Global Voices	P	0V	Eyes on	
	Create 8.3	Rick Steves' Europe	Curious Traveler	Martha Bakes	America's Test Kitchen	
MONDAY	SOPTV PBS 8	▼ PBS NewsHour	Antiques Roadsh	now, Tucson, Hr. 1	Oregon Experience	
28	World 8.2	Tavis Smiley	BBC World News DW News		Charlie	
	Create 8.3	Globe	Trekker	Lidia's Kitchen	Cook's Country	
TUESDAY	SOPTV PBS 8	▼ PBS NewsHour	Carole King: American Masters		Road to Austin	
29	World 8.2	Tavis Smiley	BBC World News	DW News	Charlie	
	Create 8.3	Travelscope	Journeys in Africa	Martha Bakes	America's Test Kitchen	
WEDNESDAY	SOPTV PBS 8	▼ PBS NewsHour	Nature: Animal Reunions		NOVA: The Great	
30	World 8.2	Tavis Smiley	BBC World News	DW News	Charlie	
	Create 8.3	Rick Steves' Europe	Curious Traveler	Lidia's Kitchen	Cook's Country	
THURSDAY 31	SOPTV PBS 8	▼ PBS NewsHour	Oregon Art Beat	Oregon Field Guide	Midsomer	
	World 8.2	Tavis Smiley	BBC World News	DW News	Charlie	
	Create 8.3	Travelscope	Journeys in Africa	Martha Bakes	America's Test Kitchen	

SOPTV W)RLD

My Louisiana Love

Journey with Monique Verdin on a quest to connect with her roots within the Houma, a Native American community reeling from decades of environmental degradation and natural disasters, where decaying marshlands serve as the only buffer against storm-surge floodwaters.



Tuesday, March 29 at 11 pm

9:30 pm	10:00 pm	10:30 pm	11:00 pm	11:30 pm		
Loretta Lynn (cont.)	Frontline: Hunting th	e Nightmare Bacteria	AfroPop			
Rose	Democra	ncy Now!	POV			
Joanne Weir	George H. Lifestyle	In the Americas	Martha Bakes	America's Test Kitchen		
of Noah's Ark	Nature: Invasion o	f the Killer Whales	Nature: Snow Monkeys			
Rose	Democra	acy Now!	Frontline			
BBQ with Franklin	Bake Decorate Cel'brt! Music Voyage		Lidia's Kitchen	Cook's Country		
Murders: Shot at Da	awn, Part 1 & 2	Austin Ci	ty Limits Arts in Context			
Rose	Democracy Now!		No Evidence of Disease			
Joanne Weir	George H. Lifestyle	In the Americas	Martha Bakes	America's Test Kitchen		
& Bailey	Luther		Luther			
Rose	Democracy Now!		War Zone/Comfort Zone			
Simply Ming	Sara's W'knight Meals	Equitrekking	Lidia's Kitchen	Cook's Country		
Together as Fools	New Tricks: Th	ne Crazy Gang	Masterpiece Mystery! Endeavour			
Billie Jean King	Georgia O'keeffe		America Reframed			
Simply Ming	George H. Lifestyle	In the Americas	Lidia's Kitchen	America's Test Kitchen		
on M'piece, Pt. 1		Mr. Selfridge on Ma	asterpiece, Episode 1			
the Prize	Nature		Global Voices			
BBQ with Franklin	Bake Decorate Cel'brt!	Music Voyager	Martha Bakes	America's Test Kitchen		
Oregon Experience	Antiques Roads	now, Boise, Hr. 3	Independent Lens			
Rose	Democracy Now!		Local USA	On Story		
Simply Ming	Sara's W'knight Meals	Equitrekking	Lidia's Kitchen	Cook's Country		
Austin (cont.)	Frontline: Saudi Arabia Uncovered		AfroPop			
Rose	Democra	acy Now!	My Louisiana Love			
Joanne Weir	nne Weir George H. Lifestyle		Martha Bakes	America's Test Kitchen		
Math Mystery	Ted Talks Scien	ce and Wonder	First Language – Ra	ace to Save Cherokee		
Rose	Rose Democra		Fron	ntline		
BBQ with Franklin	Bake Decorate Cel'brt!	Music Voyager	Lidia's Kitchen	Cook's Country		
Murders: Left for D	ead, Part 1 & 2	Austin Ci	ty Limits Arts in Context			
Rose	Democra	acy Now!	Global Health Frontiers			
Joanne Weir	George H. Lifestyle	In the Americas	Martha Bakes	America's Test Kitchen		

Select SOPTV-PBS Program Descriptions



Red Hot Chilli Pipers Live at the Lake

The Red Hot Chilli Pipers have become the most famous bagpipe band on the planet — bagpipes with attitude, drums with a Scottish accent, and a show so hot it carries its own health warning. The band's achievements have reached incredible heights with their groundbreaking fusion of traditional Scottish music and Rock-Pop Anthems, which they proudly call "Bagrock."



Saturday, March 5 at 11:30 am; Thursday, March 17 at 10 pm

March I / Tuesday

PM

8:00 Finding Your Roots: The Long Way Home

Actress Julianna Marguiles, author Azar Nafisi, and chef Lidia Bastianich learn about their ancestors.

9:00 Space Men: American Experience

Meet the pioneering Air Force scientists and pilots who laid the groundwork for the U.S. space program.

10:00 Frontline: Poor Kids

An intimate portrait of the economic crisis in America focuses on what poverty means to children.

11:00 AfroPop: The Ultimate Cultural Exchange Pan! Our Music Odyssey

Steel band musicians come to Trinidad from all over the world to compete in a great pan event.

March 2 / Wednesday

PM

8:00 Year in Space

Follow Scott Kelly's 12-month mission on the International Space Station, from launch to descent.

9:00 NOVA: First Man on the Moon

An intimate portrait of the American hero features interviews with Armstrong's family and friends.

10:00 Apollo Wives

The wives of Apollo astronauts reveal their own personal stories and reminisce about the space age.

11:00 John Glenn: A Life of Service

The extraordinary life and career of astronaut and United States Senator John Glenn are chronicled.

March 3 / Thursday

PM

8:00 Oregon Art Beat: Draw It!

Go behind the scenes of the Time Based Art Festival, a 10 day worldclass festival that features visual and performing artists from across the country and around the globe.

8:30 Oregon Field Guide: Buzz Holstrom; One Million Plants in a Year

Oregon river legend, Buzz
Holmstrom was the first person to
run the entire length of the Green and
Colorado rivers, including through
the Grand Canyon. He died mysteriously from a gunshot while rafting
the Grand Ronde. Then learn about a
bold project that aims to plant a million trees and shrubs in a single year
in urban and rural Oregon.

9:00 Vera: Old Wounds

The remains of a teenage girl are found half-buried in a wood and spark a 30-year-old mystery.

10:30 ACL Presents: Americana Music Festival

Revel in great performances from Don Henley, Lucinda Williams, Buffy Sainte-Marie, and the Mavericks.

March 4 / Friday

PM

8:30 Immense Possibilities: Finding Our Way in the Woods

The Lomakatsi Restoration Project is on the front edge of solutions, bringing old adversaries to the table to restore forest health, viable jobs, and the traditional Native American practices that stewarded the forests for centuries.

For complete program listings visit www.soptv.org

9:00 Ed Slott's Retirement Road Map ... from Forever Taxed to Never Taxed

Ed Slott, America's IRA expert, shows you how to steer clear of the roadblocks in your retirement.

10:30 Eric Clapton: Slowhand at 70 Live at the Royal Albert Hall

A celebration of the legendary guitarist's 70th birthday features "Layla" and more classic songs.

March 5 / Saturday

AM

10:00 Potomac by Air: Our Nation's River

America's history is explored with an aerial trip along the striking curves of the Potomac River.

11:30 Red Hot Chilli Pipers Live at the Lake

Red Hot Chilli Pipers are an ensemble consisting of pipers, guitarists, keyboards, and drummers formed in Scotland in 2002.

РМ

1:00 Joy Bauer's from Junk Food to Joy Food

Learn the secret to enjoying all your favorite foods while still losing weight and boosting energy.

2:30 MotorWeek: 35th Anniversary Special

Roll back the odometer to 1981 to revisit iconic vehicles road-tested throughout the years.

3:00 This Land Is Your Land

The Smothers Brothers and Judy Collins host a look at the evolution of modern American folk music.

4:30 Easy Yoga for Diabetes with Peggy CappyLearn how yoga and a good diet can

improve health and have a positive impact on life with diabetes.

6:00 Potomac by Air: Our Nation's River

America's history is explored with an aerial trip along the striking curves of the Potomac River.

For complete and up-to-date program listings, please visit soptv.org

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Test Your Knowledge

Recology.
Ashland
WASTE ZERO

Which of the items below can be recycled in Ashland or Talent in the blue-lidded commingle cart?

A. All B. None C. At least 3 of the items



Select SOPTV-PBS Program Descriptions



This Land Is Your Land

Take a musical journey through the evolution of modern American folk music, from its roots in bluegrass to San Francisco coffee houses to clubs in Greenwich Village. Hosted by Tom and Dick Smothers and Judy Collins, the show features The Brothers Four, Glenn Yarbrough, The Highwaymen, The Limeliters, Randy Sparks and The Minstrels, and more.

Saturday, March 5 at 8 pm



7:30 Inside Mercy Street

Go behind the scenes of the drama about Americans on the home front during the turbulent Civil War.

8:00 This Land Is Your Land

The Smothers Brothers and Judy Collins host a look at the evolution of modern American folk music.

9:30 Doc Martin: Seven Grumpy Seasons

A behind-the-scenes look at the hit series features interviews with producers and cast members.

11:00 Aging Backwards

with Miranda Esmonde-White

Valuable insights on how to combat the physical signs and consequences of aging are presented.

March 6 / Sunday

AM

9:00 The Forever Wisdom of Dr. Wayne Dyer

This memorial tribute celebrates the iconic thinker's wisdom teachings with inspirational stories.

PM

12:00 Ed Slott's Retirement Road Map ... from Forever Taxed to Never Taxed

Ed Slott, America's IRA expert, shows you how to steer clear of the roadblocks in your retirement.

2:00 The Patient's Playbook with Leslie Michelson

Leslie Michelson shares a roadmap that every American needs to get the best medical care possible.

3:30 50 Years with Peter, Paul & Mary

The impact of the pre-eminent trio that brought folk music to America's mass audiences is celebrated.

6:00 Great Performances: Andrea Bocelli – Cinema Andrea Bocelli pays tribute to the silver screen in a lush concert of great songs from the movies.

8:00 BAFTA Celebrates Downton Abbey

Hosted by British talk show host Jonathan Ross, this special is the definitive look into the world's most popular drama with unprecedented behind-the-scenes access from cast and crew. Exclusive access on set at Highclere Castle and in the studio was granted for this TV special as they filmed their final episodes of the series.

9:00 Downton Abbey: The Final Season: Ep. 9After six passionate and poignant seasons, the curtain comes down on

Downton Abbey. 11:00 Tribute to Downton Abbey

While *Downton Abbey* has broadcast its final episode, there is still much to celebrate about the series!

March 7 / Monday

PM

8:00 Quilts of Valor II

Alex Anderson, Mark Lipinski, and Marianne Fons work on one magnificent, new Quilt of Valor.

9:30 50 Years with Peter, Paul and Mary

The impact of the pre-eminent trio that brought folk music to America's mass audiences is celebrated.

11:30 Fast Metabolism Revolution with Haylie Pomroy

Regular people with real challenges are encouraged to get healthy by eating more food, not less.

March 8 / Tuesday

PM

8:00 Finding Your Roots: Maps of Stars

Dustin Hoffman and Mia Farrow learn about the history of tragic deaths in both of their families.

For complete program listings visit www.soptv.org





Finding Your Roots: Maps of the Stars

Dustin Hoffman and Mia Farrow explore their ancestral histories, steeped in tragedy, and how they shaped two of the most prolific actors of our time. Hoffman realizes his father's father and grandfather were both tragically killed by Ukrainian secret police. Mia Farrow investigates the upbringing of her father, who lost his mother as a young child.

Tuesday, March 8 at 8 pm

9:30 Carpenters: Close to You

The band's career is traced. "Close to You" and "Top of the World" are featured.

11:00 21 Days to a Slimmer Younger You with Dr Kellyann

Dr. Kellyann explains how you can undergo your own life-changing weight loss transformation.

March 9 / Wednesday

PM

8:00 Particle Fever

Six brilliant scientists are followed during the launch of the Large Hadron Collider.

10:30 Yanni Live at the Great Pyramids

The global music phenomenon performs fan favorites and new arrangements of his classic compositions.

March 10/Thursday

PM

8:00 Midsomer Murders: Blood Wedding, Pt. 1 & 2

The maid of honor at a high-society wedding is murdered days before Barnaby's daughter's nuptials.

10:00 Nitty Gritty Dirt Band: 50 Years & Circlin' Back

Vince Gill, Jackson Browne, and more celebrate the groundbreaking band's musical milestones and hits.

11:30 Jov Bauer's from Junk Food to Jov Food

Learn the secret to enjoying all your favorite foods while still losing weight and boosting energy.

March II / Friday

PM

8:30 Immense Possibilities: Standing Up for Mental Health

National Alliance on Mental Health (NAMI) volunteers bravely describe their

struggle with illness, along with leaders from Asante Health and Compass House whose cutting-edge models are embracing and healing people we've habitually isolated and shunned.

9:00 The Forever Wisdom of Dr. Wayne Dyer

This memorial tribute celebrates the iconic thinker's wisdom teachings with inspirational stories.

March 12 / Saturday

AM

10:00 Ed Slott's Retirement Road Map ... from Forever Taxed to Never Taxed

Ed Slott, America's IRA expert, shows you how to steer clear of the roadblocks in your retirement.

11:30 Quilts of Valor II

Alex Anderson, Mark Lipinski, and Marianne Fons work on one magnificent, new Quilt of Valor.

PM

1:00 Coffee: The Drink That Changed America

Coffee roaster Dean Cycon and food lover Judith Jones explore America's love affair with coffee.

2:30 Tribute to Downton Abbey

While *Downton Abbey* has broadcast its final episode, there is still much to celebrate about the series!

3:30 Songbook Standards: As Time Goes By

Host Jack Jones presents a nostalgic hit parade of best-loved songs from the 1950s and 1960s.

6:00 Celtic Woman: Destiny

Ireland's famed singing group performs fresh arrangements of their most spellbinding songs.

8:00 Songbook Standards: As Time Goes By

Host Jack Jones presents a nostalgic hit parade of best-loved songs from the 1950s and 1960s.

Select SOPTV-PBS Program Descriptions



Oregon Revealed, 1 & 2

The scenic beauty of Oregon is showcased in these two *Oregon Field Guide* specials that cover the entire state from the snowcapped Wallowa Mountains to the windblown dunes of Florence. Enjoy old-growth forests, the strange beauty of the Alvord Desert, and beautiful sunsets on Oregon's beaches from Astoria to Brookings.

Sunday, March 13 at 6 & 7:30 pm

10:00 On the Psychiatrist's Couch with Daniel Amen, MD

One of the most popular psychiatrists in America, Dr. Daniel Amen has written ten bestselling books.

March 13 / Sunday

AM

9:00 On the Psychiatrist's Couch with Daniel Amen, MD

One of the most popular psychiatrists in America, Dr. Daniel Amen has written ten bestselling books.

11:00 Tribute to Downton Abbey

While *Downton Abbey* has broadcast its final episode, there is still much to celebrate about the series!

PM

12:00 Josh Groban: Stages Live

The world-renowned performer explores classic songs from the Broadway songbook.

- 1:30 Fast Metabolism Revolution with Haylie Pomroy
 Regular people with real challenges are
 encouraged to get healthy by eating
 more food, not less.
- 3:30 Songbook Standards: As Time Goes By

 Host Jack Jones presents a nostalgic hit parade of best-loved songs from the 1950s and 1960s.

6:00 Oregon Revealed

Oregon's spectacular vistas span from the windblown dunes of Florence to the snowcapped Wallowa Mountains, from lush, green old-growth forests to the dusty flats of the Alvord Desert. *Oregon Field Guide* photographers dive below the ocean and scale volcanic mountains to bring you exquisite wonders many Oregonians have never seen.



7:30 Oregon Revealed 2: Coastal Wonder

Oregon's spectacular coast stretches from the bridges of Astoria to the rolling dunes of Bandon, from the lighthouse at Heceta Head to the Port of Brookings Harbor. From sunrise to sunset, there's always something new to discover. In this *Oregon Field Guide* special, photographers dive below the ocean and fly above the clouds to bring you magnificent views of the Oregon coast.

9:00 Josh Groban: Stages Live

The world-renowned performer explores classic songs from the Broadway songbook.

10:30 Eat Fat, Get Thin with Dr. Mark Hyman

Dr. Mark Hyman explains how eating fat can help promote weight loss and optimum health.

March 14 / Monday

PM

8:00 Favorite Love Songs

Susan Lucci hosts this special devoted to sentimental favorites of the 1960s, '70s and early '80s.

9:30 The Art of the Love Song with the Annie Moses Band

Celebrate the greatest love songs ever written in a sweeping presentation by the Annie Moses Band.

11:00 Healing ADD with Dr. Daniel Amen

The myths and misconceptions of Attention Deficit Disorder and the hallmark symptoms are discussed.

Program listings were accurate at the time this publication went to print.

For complete program listings visit www.soptv.org





The Art of the Love Song

In this sweeping musical presentation of the greatest love songs ever written, the chart-topping Annie Moses Band performs with the incredible Summer Pops Young Artist Symphony. From the lush strings of Nat King Cole to the heartfelt songwriting of artists like Paul Williams and Don MacLean, this is a cinematic journey for lovers everywhere.

Monday, March 14 at 9:30 pm

March 15 / Tuesday

PM

8:00 Big Band Years

Nick Clooney and Peter Marshall host a nostalgic look at hit makers and songs of the 1930s and '40s.

10:00 Ed Slott's Retirement Road Map... from Forever Taxed to Never Taxed

Ed Slott, America's IRA expert, shows you how to steer clear of the roadblocks in your retirement.

March 16 / Wednesday

PΜ

8:00 Hot Flash Havoc

Empower yourself with the truth about menopause in this enlightening and humorous documentary narrated by Goldie Hawn.

9:30 Super Genes with Dr. Rudy Tanzi

Explore how we might shape our genetic future through self-directed biological transformation.

11:00 Celtic Thunder Mythology

The legends and history of the Celts are told through haunting solo numbers and rousing ensembles.

March 17/Thursday

PM

8:00 Celtic Woman: Destiny

Ireland's famed singing group performs fresh arrangements of their most spellbinding songs.

10:00 Red Hot Chilli Pipers Live at the Lake

Red Hot Chilli Pipers are an ensemble consisting of pipers, guitarists, keyboards, and drummers.

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Select SOPTV-PBS Program Descriptions



Loretta Lynn: American Masters – Still a Mountain Girl

Explore the country legend's hard-fought road to stardom. From her Appalachian roots to the Oscar-winning biopic *Coal Miner's Daughter*, Loretta Lynn struggled to balance family and her music career and is still going strong more than 50 years later.

Tuesday, March 22 at 8 pm



11:30 Coffee: The Drink That Changed America

Coffee roaster Dean Cycon and food lover Judith Jones explore America's love affair with coffee.

March 18 / Friday

PM

8:30 Immense Possibilities: Tiny Homes, Pt. I A Giant Journey

Guests from tinyhousebuild.com and Tiny Houses, Giant Journey tell us about tiny homes, one of the fastest-growing trends in construction. In a culture of unbounded consumption, this movement is evoking a deep and broadly shared yearning

9:00 10 Reasons You Feel Old & Get Fat with Frank Lipman, MD

Tools and changes that support healing and optimizing the body and mind as we age are highlighted.

11:00 On the Psychiatrist's Couch with Daniel Amen, MD

One of the most popular psychiatrists in America, Dr. Daniel Amen has written ten bestselling books.

March 19 / Saturday

AM & PM

Members' Choice

March 20 / Sunday

AM & PM

Members' Choice

March 21 / Monday

PM

8:00 Antiques Roadshow: Boise, Hr. 1

Highlights include a first edition of the *Book of Mormon* and a Madoura plate designed by Picasso.

9:00 Suffragists:

An Oregon Experience

Until 1912, Oregon women lived by men's law. They had few legal rights with little power to improve their lives or communities. That changed when women won the right to vote.

9:30 Sagebrush Symphony: An Oregon Experience

The Portland Youth Philharmonic is America's first youth orchestra — but its story begins in Burns, where a violinist shared her love of music with local children.

10:00 Antiques Roadshow: Boise, Hr. 2

Treasures include a mid-century pinup painting by Earl Moran and a 1922 Edward Hopper etching.

11:00 The Caged Bird:

The Life & Music of Florence B. Price

The life and work of the African-American composer and inspiring woman is showcased.

March 22 / Tuesday

PM

8:00 Loretta Lynn: American Masters

Country music legend Loretta Lynn's hard-fought road to stardom is explored.

10:00 Frontline: Hunting the Nightmare Bacteria

A look the alarming rise of untreatable infections in hospitals, communities and across the globe.

11:00 AfroPop: Ultimate Cultural Exchange — Tchindas

A look at the life of Tchinda, a transgender person in Sao Vicente, a small Cape Verdean island.

For complete program listings visit www.soptv.org





Immense Possibilities Tiny Homes, Pts. 1 & 2

Guests from tinyhousebuild.com and Tiny Houses, Giant Journey (photo) tell us about tiny homes, one of the fastest-growing trends in construction. Now, advocates for the homeless are exploring them as an "immense possibility" for their movement. We take a tour with the creator of pilot tiny house settlements for the homeless.

Friday, March 18 & 25 at 8:30 pm

March 23 / Wednesday

PM

8:00 Return of the Wolves: The Next Chapter

Peter Coyote narrates an exploration of the reintroduction of wolves into Yellowstone and Idaho.

9:00 NOVA: Secrets of Noah's Ark

A 3,700-year-old inscribed clay tablet reveals a surprising new version of the Biblical flood story.

10:00 Nature: Invasion of the Killer Whales

Killer whales in the Arctic are increasingly attacking the same prey as struggling polar bears.

11:00 Nature: Snow Monkeys

The Japanese macaque, or snow monkey, survives in winter temperatures below 15 degrees.

March 24 / Thursday

PM

8:00 Oregon Field Guide: Unprepared An Oregon Field Guide Special

The Pacific Northwest is due for an earthquake as large as any the planet has seen. What are the risks? How can we prepare? Over a year in the making, this *Oregon Field Guide* special takes an in-depth look at Oregon's lack of preparedness and looks to Japan for specific lessons learned from the 9.0 Tohoku quake in 2011.

9:00 Midsomer Murders: Shot at Dawn, Part 1 & 2

A rivalry among two families turns violent after a dishonored soldier's name is added to a memorial.

10:30 Austin City Limits:

Ryan Adams/Shakey Graves

Ryan Adams performs an acoustic set of hits and deep cuts. Singersongwriter Shakey Graves appears.

March 25 / Friday

PN

8:30 Immense Possibilities: Tiny Homes, Part 2

Pioneers have worked most of the bugs out of tiny homes, and advocates for the homeless are exploring them as an "immense possibility" for their movement. We take a tour with the creator of pilot tiny house settlements for the homeless.

9:00 Scott & Bailey

The team searches for a killer when the body of an eight-year-old boy is discovered.

10:00 Luther

Luther's personal and professional life spirals out of control as he tries to cover up Toby's death.

11:00 Luther

A fetish killer is on the hunt, and Luther's worst enemies may be his own colleagues.

March 26 / Saturday

PM

6:00 Last of the Summer Wine: The Secret Birthday of Norman Clegg

Clegg wants to celebrate his birthday as quietly as possible, so he goes to pieces when everybody in the village is dressed for a celebration.

6:30 Last of the Summer Wine: The Rights of Man, Except for Howard

Hobbo decides that the still-homeless Howard needs to show Pearl who's boss, but after Pearl slams the door in his face, Howard is despondent.

7:30 Rick Steves' Europe: Vienna

Visit the palace of Maria Theresa and picnic on the Danube in Europe's classiest capital.

Select SOPTV-PBS Program Descriptions



Carole King: American Masters Natural Woman

Delve into the hit singer-songwriter's life and career from 1960s New York to the music mecca of '70s LA to the present. King joins collaborators and family in new interviews, while rare home movies, performances, and photos complete the tapestry.

Tuesday, March 29 at 8 pm



8:00 Globe Trekker: The Netherlands

Brianna Barnes cycles her way through the Netherlands and enjoys modern art in The Hague.

9:00 Doc Martin: Perish Together as Fools

Louisa has a medical scare, and Martin diagnoses officer Penhale's brother Sam with an illness.

10:00 New Tricks: The Crazy Gang

UCOS are threatened with closure as they investigate the bloody murder of a political activist.

11:00 Masterpiece Mystery! Endeavour

Shaun Evans stars as rookie Constable Morse, who investigates a murder that only he can solve.

March 27 / Sunday

AM

9:00 Rick Steves Special: The Holy Land, Israelis & Palestinians Today

Rick Steves explores Jerusalem, Tel Aviv, a home in Bethlehem, a university in Ramallah, and more.

11:00 Lent at Ephesus

A monastic order of Nuns located in rural Missouri perform traditional and original chants.

PM

12:00 Great Performances at the Met: Tannhauser

Johan Botha sings the title role and James Levine conducts the revival of Wagner's Tannhauser.

4:30 Immense Possibilities: Tiny Homes, Part 2

Pioneers have worked most of the bugs out of tiny homes, and advocates for the homeless are exploring them as an "immense possibility" for their movement. We take a tour with the creator of pilot tiny house settlements for the homeless.

6:00 Oregon Field Guide: Unprepared An Oregon Field Guide Special

The Pacific Northwest is due for an earthquake as large as any the planet has seen. What are the risks? How can we prepare? Over a year in the making, this *Oregon Field Guide* special presentation takes an in-depth look at Oregon's lack of preparedness and looks to Japan for specific lessons learned from the 9.0 Tohoku quake that struck there in 2011.

7:00 WPC 56: That Old Devil Called Love

PC Coulson's advances on Gina take a sinister turn and Fenton's corruption is exposed.

8:00 Rick Steves' Special: European Easter

Taking you on a spring journey through Spain, Slovenia, Italy, and Greece, Rick Steves celebrates this 2,000-year-old story in a variety of cultures.

9:00 Grantchester Season 2 on Masterpiece, Ep. 1

The whiskey-drinking and jazz-loving vicar Sidney Chambers returns alongside his friend and veteran cop Inspector Geordie Keating) for a second season of crime solving in the small country parish of Grantchester.

10:00 Mr. Selfridge Season 4 on Masterpiece

The fourth season of the series starring Jeremy Piven as the flamboyant American entrepreneur who founded the famous Selfridge's department store picks up the story in 1946. The cast includes Katherine Kelly, Amanda Abbington, and Tom Goodman-Hill.

For complete and up-to-date program listings, please visit soptv.org

For complete program listings visit www.soptv.org

March 28 / Monday

PM

8:00 Antiques Roadshow: Tucson, Hr. 1

Travel to Tucson to learn more about fantastic finds like a 1943 Allen Ginsberg-signed yearbook.

9:00 Beatrice Morrow Cannady An Oregon Experience

Beatrice Morrow Cannady was a pioneer African-American civil rights advocate in Oregon.

9:30 Pacific Crest Trail: An Oregon Experience

In 1959 Washington ranchers Don and June Mulford decided to try what everybody said couldn't be done — ride the entire length of the 2,400-mile Pacific Crest Trail from Mexico to Canada in one year.

10:00 Antiques Roadshow: Boise, Hr. 3

An 1822 letter from Thomas Jefferson and a rare Babe Ruth Candy Club membership card are appraised.

11:00 Independent Lens: An Honest Liar

Meet James "The Amazing" Randi, the famed magician who has dedicated his life to exposing frauds.

March 29 / Tuesday

PM

8:00 Carole King: American Masters

Delve into the hit singer-songwriter's life and career from 1960s and 1970s to the present.

10:00 Frontline: Saudi Arabia Uncovered

This inside account sheds light on efforts to bring about change in the Saudi kingdom.

11:00 AfroPop: The Ultimate Cultural Exchange First Fridav

A look at First Friday in Oakland explores issues of redevelopment, gentrification, and violence.

March 30 / Wednesday

PM

8:00 Nature: Animal Reunions

Feel the emotion as keepers and carers reunite with the wild animals that were once in their care.

9:00 NOVA: The Great Math Mystery

An exploration of math's power across the centuries sheds light on how math works in our brains.

10:00 Ted Talks: Science and Wonder

The future of nanotechnology, search for life beyond earth and the science of light are discussed.

11:00 First Language - The Race to Save Cherokee

The Eastern Band of Cherokee Indians fights to revitalize their native language in North Carolina.

March 31 / Thursday

PM

9:00 Midsomer Murders: Left for Dead, Part 1 & 2

The village of Dunstan is shaken when a psychic discovers a couple murdered in their home.

10:35 Austin City Limits: Angelique Kidjo

Revel in the high-energy performance of African singer-songwriter Angelique Kidjo.



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Program listings were up-to-date at the time this publication went to print.

Overnight Program Listings for SOPTV-PBS

		12:00 12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
Tue	1	Democracy		C 56		anners of	Mann		Red	Cap	Nightly	Growing
		Now! Democracy	Eye of th	ne Storm	n Downton Abbey Oregon Oregon		Downton Abbey Smithsonian Salutes				Business Nightly	Greener Growing
Wed	2	Now!						Independent Lens Wilhemina's War		Business	Greener	
Thur	Domocracy		Finding Y	our Roots	·	Spacemen		······································		p: Pan!	Nightly	Growing
mui	3	Now!	The Long Way Home		American Experience		Frontline: Poor Kids		Our Music Odyssey		Business	Greener
Fri	4	Democracy Now!	Year in	Year in Space NOVA: First Man on the Moon		Apollo	Apollo Wives John Glenn A Life of Service		Nightly Business	Growing Greener		
Sat	5	Democracy Now!	WA Week	Immense P'bilities	American Masters: Ar Ballet Theatre - A H				Nightly Business	BBC News		
Sun	6	Masterpiece Mys	tery!	I OR Art OR Field		ra: Old Wour	Wounds Americana Music		Victory	Smith's		
Ouri	Ü	Wallander: Before th			Guide	<u> </u>	·····		Festival		Garden	Garden
Mon	7	This Land Is Your	r Land Doc Ma		rtin: Seven Grumpy Seasons		Joy Bauer's From Ju to Joy Food		, ,		Asia Insight	Growing Greener
Tue	8	Fast Metabolism		elebrates	Downtor	Downton Abbey: The Final Season, Ep. 9		Tribute to		Nightly	Growing	
		Revolution (cont.)	Downto	Downton Abbey Downton Abbey. The			Downton Abbey		Business	Greener		
Wed	9	21 Days to a Slimmer You (cont.)	50 Years with Peter, Paul & Mary			F	Fast Metabolism Revolution with Haylie Pomroy			Nightly Business	Growing Greener	
Thu	10	Finding Your Ro Maps of Stars					21 Days to	21 Days to a Slimmer You with Dr. Kellyann			Nightly Business	Growing Greener
Fri	11	Joy Bauer's Junk Food to Joy Food (cont.)		Particle Fever				Yanni Live at the Great Pyramids			Nightly Business	Growing Greener
Sat	12	Democracy Now!	Midsomer Murders: Blood Wedding, Pt. 1 & 2				Nitty Gritty Dirt Band Inside			Nightly Business	BBC News	
_					_		50 Years & Circlin' Back Mercy St. Daylight Savings Time				Victory	Smith's
Sun	13		ever Wisdom of Dr. Wayne Dyer			Spring Forward 1 Hr. Easy Yoga for Diabetes				Garden	Garden	
Mon	14	Tribute to Downton Abbey	Celtic Woman: Destiny			On the Psychiatrist's Couch with Daniel Amen, MD			Asia Insight	Growing Greener		
Tue	15	Healing ADD with Dr. Amen (cont.)	Fast Metabolism Revolution with Haylie Pomroy Songbook S				ok Standard	ls: As Time (Goes By	Nightly Business	Growing Greener	
Wed	16	Oregon Revealed	Pt. 1 Oregon Revealed 2 Coastal Wonders			Healing ADD with Dr. Daniel Amen			Nightly Business	Growing Greener		
Thu	17	Celtic Thunder	Ed Slott's Retirement Roadmap			MotorWeek Favorite Love Songs			Nightly	Growing		
		Mythology (cont.)	from Forever Taxed to Never Taxed Art of the Love Song Aging Back			35th Anniv.			Business Nightly	Greener Growing		
Fri	18	Coffee (cont.)	Art of the Love Song Aging Backwards w/ with the Annie Moses Band Miranda Esmonde-White Super Genes with Dr. Ru				Rudy Tanzi	Business	Greener			
Sat	19	On the Psychiatrist's Couch (cont.)	Big Band Years				Celtic Thunder Mythology			Nightly Business	BBC News	
Sun	20	Members' Choice					Victory Garden	Smith's Garden				
Mon	21	Globe Trekker	Members' Choice Gr						Growing			
		Democracy										Greener Growing
Tue	22	Now!	Members Choice						Greener			
Wed	23	Democracy Now!	Antiques I	Roadshow	Oregon Experience	Oregon Experience	Antiques F	Roadshow	The Caged Bird: Life & Music Florence Price		Nightly Business	Growing Greener
Thu	24	Democracy Now!	Lorettan Lynn: American Masters				ontline: Hunting the Afropop lightmare Bacteria Tchindas		Nightly Business	Growing Greener		
Fri	25	Democracy Now!	Return of the Wolves NOVA: Secrets the Next Chapter of Noah's Ark		Nature: Inva			Nightly Business	Growing Greener			
Sat	26	Democracy	WA	Immense P'bilities	Great Performances at the Met			Nightly	BBC News			
Sun	27	M'piece On Story	Oregon F	ield Guide	Midsomer Murde		lers			Arts in	Victory	Smith's
		Mystery! On Story		epared Tricks	Shot at Dawn, Pt. 1		1&2		Context		Garden Asia	Garden Growing
Mon	28	Globe Trekker	The Cra	zy Gang	Scott & Bailey		Luther Luther		Insight	Greener		
Tue	29	Ind. Lens WPC 56: Honest Liar Devil Cal					Growing Greener					
Wed	30	Democracy Now!	Antiques I	Roadshow	Oregon Experience	Oregon Experience	Antiques F	Roadshow	Independent Lens An Honest Liar		Growing Greener	
Thu	31	Democracy Now!		e King n Masters	ļ	o Austin	Fron Saudi			pop Friday	Nightly Business	Growing Greener
	Catalinating (1987)											



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AllCare Health: My Story of Service, Evening Rotation

Amy's: Immense Possibilities

Ashland Food Cooperative: Growing a Greener World, Create, Immense Possibilities Ashland Greenhouses: Victory Garden,

Growing a Greener World

Bob Thomas Automotive: Full Schedule Rotation

Brava Opera Theater: Guide

Burning Diode: Web, Evening Rotation Carpenter Foundation: Immense Possibilities

Clif Bar & Co.: Immense Possibilities

Cow Creek: Project 22

Craterian Performances: Guide D&S Harley Davidson: Project 22

Deschutes Brewery: Immense Possibilities Earth & Humanity Foundation: Immense

Possibilities

Ed's Point S Tire & Auto Service: PBS

NewsHour, Motorweek

Energy Trust of Oregon: Evening Rotation Friends of Sanctuary One: Immense

Possibilities

Harry & David: My Story of Service, Evening Rotation

Hunter Communications: Nightly Business Report, Charlie Rose

Kitchen Company: Evening Rotation, America's Test Kitchen, Daytime Cooking Shows

Knife River Materials: My Story of Service Legends Pottery: Victory Garden, Evening Rotation

Medford Food Co-op: Immense Possibilities Medical Eye Center: Evening Rotation,

Immense Possibilities, Guide

Mt. Shasta Spring Water: NewsHour

Oregon 529 College Plan: Full Schedule Rotation

Oregon Cultural Trust: Evening Rotation

Oregon State Lottery: Evening Rotation

Pacific Crest Federal Credit Union: Evening Rotation, Guide, My Story of Service

Peoples. Solutions: Immense Possibilities

Porter's Dining at the Depot: Evening Rotation

Recology Ashland: Evening Rotation, Guide

Rogue Credit Union: Immense Possibilities

Rogue Valley Coin & Jewelry: Antiques

Roadshow, Nightly Business Report

Rogue Valley Metaphysical Library/Event

Center: Immense Possibilities

Rogue Valley Symphony: Evening Rotation,

Charlie Rose, Great Performances

Roots & Wings Community Preschool: PBS

Kids

Sage, Peter: Student Showcase, Immense Possibilities

Scrappy Craft: Jerry Yarnell School of Fine Art, Best of Joy of Painting, Paint This with Jerry Yarnell

Shop 'N' Kart: Evening Rotation

Siskiyou Singers: Full Schedule Rotation, Guide Southern Oregon Family Magazine: PBS Kids

Southern Oregon Magazine: Nature

Southern Oregon Pediatrics: Sesame Street

Southern Oregon Repertory Singers: Evening Rotation

Southern Oregon Sanitation: New Tricks

Storytelling Guild: PBS Kids

Sunrise Cafe: Full Schedule Rotation

Top Stitch: Quilting Programs, Masterpiece

Turtle Bay Exploration Park: PBS Kids

York, Elizabeth: Immense Possibilities

Young at Heart Magazine: Evening Rotation

WATCH QUILTS OF VALOR II - Monday, March 7 at 8 pm

All pledges receive two complimentary tickets to the



Mountain Stars Quilters Guild

Friday & Saturday, June 24 & 25 10 am-4 pm Cascade Christian High School 855 Chevy Way, Medford

- Ouilts
- Bed Turning
- Vendors
- Pins & Needles
- Lunch & Snacks
 Hourly Gift Drawings

And our Pins & Needles Consignment Store More info at www.msquilters.com

Repeats Schedule for SOPTV-PBS

10 REASONS YOU FEEL OLD AND GET FAT

Sun 03/20 at 1:00am

21 DAYS TO A SLIMMER YOUNGER YOU WITH DR KELLYANN

Thu 03/10 at 3:00am

50 YEARS WITH PETER, PAUL AND MARY

Mon 03/07 at 9:30pm Wed 03/09 at 1:00am

ACL PRESENTS: AMERICANA MUSIC FESTIVAL

Sun 03/06 at 4:00am

AFROPOP: THE ULTIMATE CULTURAL EXCHANGE

PAN! OUR MUSIC ODYSSEY

Thu 03/03 at 4:00am

TCHINDAS

Thu 03/24 at 4:00am

FIRST FRIDAY

Thu 03/31 at 4:00am

AGING BACKWARDS WITH MIRANDA ESMONDE-WHITE

Fri 03/18 at 2:30am

AMERICAN MASTERS

AMERICAN BALLET THEATRE: A HISTORY

Sat 03/05 at 2:00am

HARPER LEE

Sat 03/05 at 3:30am

LORETTA LYNN

Thu 03/24 at 1:00am

CAROLE KING

Thu 03/31 at 1:00am

ANTIQUES ROADSHOW

CHARLESTON, HOUR 3

Wed 03/02 at 1:00am

BOISE, HOUR 1

Wed 03/23 at 1:00am

BOISE, HOUR 2

Wed 03/23 at 03:00am

TUCSON, HOUR 1

Wed 03/30 at 1:00am

BOISE, HOUR 3

Wed 03/30 at 3:00am

APOLLO WIVES

Fri 03/04 at 3:00am

ART OF THE LOVE SONG WITH THE ANNIE MOSES BAND

Fri 03/18 at 1:00am

AUSTIN CITY LIMITS: RYAN ADAMS/SHAKEY GRAVES

Sun 03/27 at 3:30am

BAFTA CELEBRATES DOWNTON ABBEY

Tue 03/08 at 1:00am

BEATRICE MORROW CANNADY: AN OREGON EXPERIENCE

Wed 03/30 at 2:00am

BIG BAND YEARS

Sat 03/19 at 1:00am

CAGED BIRD: THE LIFE AND MUSIC OF FLORENCE B. PRICE

Wed 03/23 at 4:00am

CARPENTERS: CLOSE TO YOU

Thu 03/10 at 1:30am

CELTIC THUNDER MYTHOLOGY

Sat 03/19 at 3:00am

CELTIC WOMAN: DESTINY

Mon 03/14 at 1:00am Thu 03/17 at 8:00pm

COFFEE: THE DRINK THAT CHANGED AMERICA

Thu 03/17 at 11:30pm

DOC MARTIN - SEVEN GRUMPY SEASONS

Mon 03/07 at 1:30am

DOWNTON ABBEY: THE FINAL SEASON ON MASTERPIECE, EPISODE 9

Tue 03/08 at 2:00am

EASY YOGA FOR DIABETES WITH PEGGY CAPPY

Sun 03/13 at 4:00am Sun 03/13 at 11:00am

ED SLOTT'S RETIREMENT ROAD MAP... FROM FOREVER TAXED TO NEVER TAXED

Sat 03/12 at 10:00am Tue 03/15 at 10:00pm

Thu 03/17 at 1:00am

ED SLOTT'S RETIREMENT ROADMAP!

Sun 03/06 at Noon

FAST METABOLISM REVOLUTION WITH HAYLIE POMROY

Wed 03/09 at 3:00am Sun 03/13 at 1:30pm Tue 03/15 at 1:00am

FAVORITE LOVE SONGS

Thu 03/17 at 3:30am

FINDING YOUR ROOTS

THE LONG WAY HOME

Thu 03/03 at 1:00am

MAPS OF STARS

Thu 03/10 at Midnight

FOREVER WISDOM OF DR. WAYNE DYER

Fri 03/11 at 9:00pm Sun 03/13 at Midnight

FRONTLINE

POOR KIDS

Thu 03/03 at 3:00am

HUNTING THE NIGHTMARE BACTERIA

Thu 03/24 at 3:00am

SAUDI ARABIA UNCOVERED

Thu 03/31 at 3:00am

GRANTCHESTER SEASON 2 ON MASTERPIECE

Tue 03/29 at 2:30am

GREAT PERFORMANCES

ANDREA BOCELLI: CINEMA

Sun 03/06 at 6:00pm

AT THE MET-EUGENE ONEGIN

Sat 03/26 at 2:00am

Repeats Schedule for SOPTV-PBS

HEALING ADD WITH DR. DANIEL AMEN

Mon 03/14 at 11:00pm Wed 03/16 at 3:00am

INDEPENDENT LENS

WILHEMINA'S WAR

Wed 03/02 at 4:00am

AN HONEST LIAR

Wed 03/30 at 4:00am

INSIDE MERCY STREET

Mon 03/07 at 4:30am Sat 03/12 at 4:30am

JOHN GLENN: A LIFE OF SERVICE

Fri 03/04 at 4:00am

JOSH GROBAN: STAGES LIVE

Sun 03/13 at 9:00am

JOY BAUER'S FROM JUNK FOOD TO JOY FOOD

Mon 03/07 at 3:00am Thu 03/10 at 11:30pm

MIDSOMER MURDERS

BLOOD WEDDING

Sat 03/12 at 1:00am

SHOT AT DAWN

Sun 03/27 at 2:00am

MOTORWEEK: 35TH ANNIVERSARY SPECIAL

Thu 03/17 at 3:00am

MR. SELFRIDGE SEASON 4 ON MASTERPIECE

Tue 03/29 at 3:30am

NATURE

INVASION OF THE KILLER WHALES

Fri 03/25 at 3:00am

SNOW MONKEYS

Fri 03/25 at 4:00am

NITTY GRITTY DIRT BAND: 50 YEARS AND CIRCLIN' BACK

Sat 03/12 at 3:00am

NOVA

FIRST MAN ON THE MOON

Fri 03/04 at 2:00am

SECRETS OF NOAH'S ARK

Fri 03/25 at 2:00am

ON THE PSYCHIATRIST'S COUCH WITH DANIEL AMEN, MD

Sun 03/13 at 9:00am Mon 03/14 at 3:00am Fri 03/18 at 11:00pm

OREGON EXPERIENCE

SEARCHING FOR YORK

Wed 03/02 at 2:30am

SUFFRAGISTS AN OREGON EXPERIENCE

Wed 03/23 at 2:00am

SAGEBRUSH SYMPHONY

Wed 03/23 at 2:30am

PACIFIC CREST TRAIL

Wed 03/30 at 2:30am

OREGON FIELD GUIDE

UNPREPARED

Sun 03/27 at 1:00am Sun 03/27 at 6:00pm

BUZZ HOLSTROM, 1 MILLION PLANTS IN A YEAR

Sun 03/06 at 2:00am

POTOMAC BY AIR: OUR NATION'S RIVER

Sat 03/05 at 6:00pm

QUILTS OF VALOR II

Sat 03/12 at 11:30am

RED HOT CHILLI PIPERS LIVE AT THE LAKE

Thu 03/17 at 10:00pm Sun 03/20 at 3:00am

RETURN OF THE WOLVES: THE NEXT CHAPTER

Fri 03/25 at 1:00am

SONGBOOK STANDARDS: AS TIME GOES BY

Sat 03/12 at 3:30pm Sat 03/12 at 8:00pm Sun 03/13 at 3:30pm Tue 03/15 at 3:00am

SPACE MEN: AMERICAN EXPERIENCE

Thu 03/03 at 2:00am

SUPER GENES WITH DR. RUDY TANZI

Fri 03/18 at 3:30pm

THIS LAND IS YOUR LAND

Sat 03/05 at 8:00pm Mon 03/07 at Midnight

TRIBUTE TO DOWNTON ABBEY

Tue 03/08 at 4:00am Sat 03/12 at 2:30pm Mon 03/14 at Midnight

YANNI LIVE AT THE GREAT PYRAMIDS

Fri 03/11 at 3:30am

YEAR IN SPACE

Fri 03/04 at 1:00am



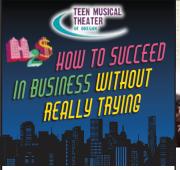
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Thurs.-Sat., March 3-5 Adults \$24, Youth (0-18) \$14



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Tuesday, March 8, 7:30pm \$45, \$51, \$57, \$63



Thursday, March 10, 7:30pm

\$32, \$35, \$38, Youth (0-18) **\$10**



-Time Out sponsored by Moss Adams LLP & FOX 26

Wed., March 16, 7:30pm \$42, \$45, \$48, Youth (0-18) \$30, \$33, \$36



Friday, April 1, 7:30pm \$29, \$32, \$35, Youth (0-18) \$20, \$23, \$26



- 4/7-9 Next Stage Rep: Almost Maine
- 4/12 Saturday Night Fever
- 4/16 Rogue Valley
 Silver Stars
- 4/21 Menopause the Musical
- 5/5 Craterian Music Hall: Legends of the Road

...and more!



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